

**CFUW West Vancouver - General Meeting**  
**Westerleigh Parc, 725 - 22nd Street**  
**Monday, November 21, 2016**  
**Minutes**

Before the speaker's presentation, Co-Chair Louise Adams introduced herself and welcomed all those present.

Two guests were present this evening:

Sharon McGavin introduced Jacci McTavish, longtime Rotarian (West Vancouver Sunrise).

Audrey Sojonky introduced Dr. Sandra Djwa, recipient of the Governor General's Award; former head of the English Department at SFU; biographer.

[39 women in attendance for the Business Meeting at 8:00pm]

**1. Agenda**

**M/S Deborah Spicer/Jay Coulter**

THAT the Agenda be accepted as circulated.

**CARRIED**

**2. Co-Presidents' Report**

Louise encouraged new members to use their 2016-2017 *Directories* distributed this evening to contact the chairs of Interest Groups in order to become more involved.

From November 25th through 10 December (Human Rights Day), the aim of the United Nations "16 Days of Activism against Gender-Based Violence" is to raise public awareness and mobilize people everywhere to bring about change. On Friday, December 9th, CFUW-WV will have a fundraising luncheon at Amici to raise money for a local cause, rather than for our traditional cause, l'Ecole Polytechnique.

**M/S Babs Perowne/Sheonaid Kuchera**

THAT funds raised at our December 9th luncheon go to the Sage House Mini-Scholarships, on condition that Sage House provides us beforehand with a brief report stating how they have used the previous funds we gave them for Mini-Scholarships.

**CARRIED**

Follow-up: Faye Hudson will liaise with Sage House.

Louise described GWI's fundraising project with the Uganda Association of University Women (UAUW), "Teachers for Rural Futures", which works to increase the number of qualified women secondary teachers in Uganda. GWI is sponsoring 5 girls from rural areas to train as qualified teachers and return to their communities as ambassadors for girls' education.

<http://www.graduatewomen.org/what-we-do/projects/secondary-school-teachers-for-rural-futures/>

A Telephone Chair is needed. Please contact Louise if you'd be willing to help out in this way.

**3. Minutes of last General Meeting**

**M/S Margaret Stedman/Vi Roden**

THAT the Minutes of the October 17th General meeting be approved as circulated. **CARRIED**

**4. Treasurer's Report**

Babs Perowne reported that we currently have \$11,650 in our Operating Account. We are a little ahead of budget. \$9,000 in revenue. Expenses are in line with the budget. The Ed Trust balance is \$2,266. [See: 6.e]The Gaming Account balance is \$18,245. [See: 6.c]

**M/S Lynda Mackay/Sheonaid Kuchera**

THAT the Financial Statements for October 2016 be approved as circulated.

**CARRIED**

**5. December 5 Social Event** [6:45pm arrival for 7pm]

The last issue of the *Beacon* contains all of the information about this event.

Louise Adams said that Social Chair Claire Thompson has prepared a delightful evening for us. Members are asked to bring:

items for the Silent Auction, plus a suggested opening bid amount  
new unwrapped gifts for the Canadian Mental Health Association

**M/S Margaret Stedman/Glenys Galloway**

THAT the funds raised at the December 5th Social Event Silent Auction go to Hollyburn Elementary School for the Principal's Discretionary Fund.

**CARRIED**

**6. Committee Reports**

*a. Membership*

Lynda Mackay reported that we now have 80 members, including 1 Life Member and 5 new members.

Members are requested to pick up their *2016-2017 Directories* this evening.

New Members Reception: Monday, Nov. 28th 7:00pm Organizer: Landra Robinson  
Venue: Margaret Ramsay's unit #405-2135 Argyle Avenue

*b. Publications* - Deadline for items for the *Beacon*: December 2nd

*c. Gaming Education Awards* [funded by a Community Gaming Grant from the B.C. Gaming Policy and Enforcement Branch]

Eleanor Scarth reported that the GEA Committee met on November 9th to review the post-secondary applications received this fall. Her committee now recommends a list of recipients from secondary schools and post-secondary institutions. This list will appear in *The Beacon*. 8 Awards of \$650 each will be awarded to students graduating from Pemberton, Howe Sound, Rockridge, West Vancouver and Sentinel Secondary Schools.

13 Awards of \$1000 will be awarded to undergraduates at UBC [electrical & computer engineering; forestry; First Nations House of Learning (mechanical engineering)]; SFU [computer engineering]; BCIT [electrical & computer engineering; geomatics]; and Douglas College [accounting & criminology].

**M/S Eleanor Scarth/Margaret Ramsay**

THAT the distribution of Gaming Education Award monies recommended by the Gaming Education Award Committee be approved as presented.

**CARRIED**

Margaret Ramsay expressed thanks to Eleanor Scarth and her committee for all of their work.

Website - Eleanor said that there would be a prize for the question: "What joint venture did we undertake with CFUW NV in 2008?" Unfortunately, none of the members knew the answer this evening, so the prize remained unclaimed.

Thrifty's - We've been accepted. Eleanor explained how the process works, and encouraged members to contact her in order to get their Smile cards.

**d. 60th Anniversary Committee**

Ieva Cornford, Committee Chair, described the plans for 2017:

Celebratory Luncheon - February 1, noon - Restaurant TBA

Plaque Dedication Ceremony - February 1, 2:30pm at Hollyburn Elementary School.

Lynda Mackay announced that the ceremony will take place at the maple tree CFUW-WV donated to Hollyburn Elementary School earlier this year. The WV School Board is donating a boulder onto which the aluminum plaque will be glued.

Ivan Sayers Retrospective Fashion Show - Friday, February 24th 7:00pm WV United Church. Eleanor Scarth is starting ticket sales this evening @\$20 each.

**M/S Babs Perowne/Ieva Cornford** [with friendly amendment by Cheri Olund]

THAT the proceeds from the Ivan Sayers Fashion Show go to a \$1000 scholarship for a woman, one who is at least 21 years old and preferably aging out of care. **CARRIED**

Eleanor Scarth reported that she had met with the Hollyburn Family Services to discuss the possibility of a scholarship for a student coming out of care. They are very interested in this idea, but say that the young woman might only be studying Part Time because of having to deal with other life issues. Our CFUW-WV Executive has no problem with this.

Glenys Galloway described her work on the poster and the bookmark.

Sheonaid Kuchera also talked about the posters and their distribution, as well as the decorating the venue. A call for volunteers will go out at the January General Meeting.

Babs Perowne went over the expenses, concluding that our budget is well in hand. She encouraged everyone to buy tickets for the Fashion Show.

After Louise Adams thanked Ieva Cornford and her committee for all of their work, there was a hearty round of applause from the membership.

**e. Educational Trust Advisory Committee** - Louise Adams described the mandate of this committee, which met on November 17<sup>th</sup>, Ieva Cornford and Louise Adams are co-chairing the Educational Trust Advisory Committee.

**M/S Babs Perowne/Selma Jo Richards**

THAT \$500 from the Ed Trust Account be officially designated for the CFUW 100th Anniversary. **CARRIED**

**Capilano University Bursary Donations:**

**M/S Babs Perowne/May Henry**

THAT we send \$1200 from the Ed Trust account [25% for the Mary Neil Bursary and 75% for the Memorial Bursary, as set out in the Ed Trust Agreement] and a gift of \$500 to the Early Childhood Education (ECE) Program. **CARRIED**

Margaret Ramsay spoke about Mary Neil and the meaning of the Memorial Bursary.

## 7. Announcements

December 9th luncheon at Amici Restaurant - Louise asked members to notify her if they are planning to attend. She also explained how they could go about making donations to this fundraising event.

## 8. Adjournment at 8:50pm

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Our **Guest Speaker** tonight prior to the Business Meeting was well-known author and drug policy/prescriptions researcher from the University of Victoria, **Alan Cassels**.

His books include:

*Selling Sickness: How the World's Biggest Pharmaceutical Companies are Turning us All into Patients* (co-written with Ray Moynihan)

*The ABCs of Disease Mongering: an Epidemic in 26 Letters*

*Seeking Sickness: Medical Screening and the Misguided Hunt for Disease*

(his most recent) *The Cochrane Collaboration: Medicine's Best Kept Secret* (2015)

Alan Cassels was introduced by Kim Collett and thanked by Deborah Spicer

Topic: "Addiction by Prescription"

Alan began his research in 1994, when he noticed that too many people, particularly elderly women, were being prescribed far too many drugs. Over the years, he has become an outspoken activist who particularly detests pharmaceutical marketers. In his lively presentation, he described how pharmaceuticals can "monger" diseases and spread fear. Several examples include bone density tests for osteoporosis, screening mammograms for breast cancer, and PSA tests for prostate cancer.

It is important for us to ask our doctors for the 'NNT' (Numbers Needed to Treat), and also "What is my risk?"

He highly recommended the **UBC Therapeutics Initiative** because it puts out untainted information. <http://www.ti.ubc.ca/>

Alan also recommended that those over 75 should not take statins (cholesterol-lowering drugs).